

Private Practice Eating Disorder Dietitian Myrtle Oak Clinic

Position Summary

We are looking for an enthusiastic dietitian with a passion for supporting clients with eating and feeding challenges, including clinical eating disorders. Our vision is to provide a centre of excellence for facilitating eating disorder recovery by creating positive and enjoyable, long lasting relationships with food, weight and body image. Promoting an inclusive culture enabling individuals to freely engage in a meaningful, values based life. We have a highly passionate, dedicated and supportive interdisciplinary team waiting for you to join us.

The Opportunity

If you are an experienced eating disorder dietitian, or an early career dietitian eager to learn, we would love to hear from you. The candidate must have the ability to engage and maintain effective therapeutic relationships with a diverse range of young people, adults and their families/carers.

Myrtle Oak Clinic is a well respected and thriving private practice clinic on the Central Coast and Newcastle areas, focused on the treatment of eating disorders with a interdisciplinary team approach to recovery. Primarily treating individuals who present with eating challenges and eating disorders across the diagnostic spectrum, using Maudsley Family Based Therapy and individual treatments. All clinicians support and actively promote a Health At Every Size, Non-Dieting, weight inclusive, diversity inclusive, Intuitive Eating philosophy and motivational interviewing framework.

Our dietitians work alongside our own psychologists and also external psychologists in a interdisciplinary treatment model. On the job training, supervision, mentoring and resources are provided. We have a highly skilled and experienced administrative team who provide client care coordination and administrative support.

This is an employed position that includes:

- Attractive remuneration + superannuation,
- 0.4-0.6 FTE hours, flexible locations (Broadmeadow, Tuggerah)
- Peer supervision and clinical training + financial support with CPD,
- Hours and days are flexible (potential to increase to full time hours)
- Professional, highly trained administrative staff support and client allocation
- Relaxed environment and comfortable consulting rooms,
- Personable, supportive and cohesive team culture,
- Regular team meetings, peer consultation and support,
- Electronic patient software, calendar management, resource library,
- Sustainable caseloads with prioritised admin and reporting time,
- Beautiful consulting rooms and a close walk to multiple cafes,
- Established network of external connections and referrals with local services.



Selection Criteria:

- Current membership with Dietitians Australia with Accredited Practising Dietitian (APD) status or eligibility and willingness to obtain and APD status for Medicare registration.
- Strong commitment to ongoing CPD in the area of Eating Disorders
- A sound understanding of eating disorders and disordered eating, body image and related issues (including comorbidities) and their impact both on the individual and their families, friends, partners and other carers.
- Knowledgeable in HAES, Non-Diet and Intuitive Eating, Motivational Interviewing Skills, RAVES approaches.
- A good understanding of ethical and best practice principles for the treatment of people with eating disorders.
- A clear understanding of boundaries, confidentiality and privacy principles and practices.
- Current driver's licence
- Excellent written and oral communication skills.
- Ability to work both independently and as part of a multidisciplinary team
- A valid Criminal Record Check, Working With Children Check, public liability and professional indemnity insurance and Covid Vaccination.

Desirable Criteria:

- Familiarity with CBT-E and Maudsley Family Based Treatment for adolescent eating disorders and willingness to train further in these modalities.

Phone Jodie Sheraton on (02) 43 623 443 with any questions.

Send your expression of interest, cover letter and CV to:

Jodie Sheraton | Director | APD

Email: jodie@myrtleoakclinic.com.au

Phone: 0499 008 451

(Interviews will commence as favourable applications are received).

