



Eating Disorder Information Evening

Presented by our team of Psychologists and Dietitians.



Our introductory session is ideal for teachers, school counsellors, parents, friends or clinicians who are wanting to be able to accurately identify and seek treatment for someone with an eating disorder.

This session will cover:

- What is an Eating Disorder,
- Understanding the difference between Anorexia Nervosa, Bulimia Nervosa, Binge Eating Disorder and Orthorexia,
- How does an eating disorder impact on the individual's medical, mental, social and physical health,
- How to approach/talk to someone you are concerned about,
- What treatment options are available and when to seek treatment.

When: Monday 9th April 2018

Time: 6:00-7:30pm

Location: 147 Nelson Street, Wallsend 2287

Costs: \$15

Contact: 43 623 443

Bookings Essential as seats are limited!

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