



# Eating Disorder Information Evening

Presented by our team of Psychologists and Dietitians.



Our introductory session is ideal for teachers, school counsellors, parents, friends or clinicians who are wanting to be able to accurately identify and seek treatment for someone with an eating disorder.

## This session will cover:

- What is an Eating Disorder,
- Understanding the difference between Anorexia Nervosa, Bulimia Nervosa, Binge Eating Disorder and Orthorexia,
- How does an eating disorder impact on the individual's medical, mental, social and physical health,
- How to approach/talk to someone you are concerned about,
- What treatment options are available and when to seek treatment.

**When:** Thursday 5th April 2018

**Time:** 6:00-7:30pm

**Location:** Myrtle Oak Clinic Office: 4/53 Pacific Highway, OURIMBAH

**Costs:** \$15

**Contact:** 43 623 443

*Bookings Essential as seats are limited!*

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For more information please visit [www.myrtleoakclinic.com.au](http://www.myrtleoakclinic.com.au)

