

Eating Disorder Information Evenings



Created and conducted by our Accredited Practising Dietitian and Maudsley Family Therapist

Our introductory session is ideal for parents, friends, clinicians who are concerned for someone they care about and wanting to better understand eating disorders.

This session will cover:

1. What is an Eating Disorder.
2. Understanding the difference between Anorexia Nervosa, Bulimia Nervosa, Binge Eating Disorder.
3. How does an eating disorder impact on the individual's medical, mental, social and physical health.
4. How to approach/talk to someone you are concerned about.
5. What treatment options are available and when to seek treatment.

**Seats
are
limited!**

- Held Tuesday 10th and Thursday 19th November from 6:30-8pm
- Location: Myrtle Oak Clinic office: 4/53 Pacific Highway, OURIMBAH
- Costs: \$10
- Bookings Essential

Contact: 43 623 443

For more information visit: www.myrtleoakclinic.com.au